

# WOMEN'S/MEN'S 10k run, 5k run/walk Registration Form

23<sup>rd</sup> Annual

# run, jane, run

*Benefiting...*



**Women/Men's 10K run,  
5K run/walk**  
**Sun., August 14<sup>th</sup>, 2011**  
**9:00 a.m. at lower Edgewater  
Park**

### Details

- ✓ Day of Registration begins at 7:30 a.m.
- ✓ **\$15 pre-registered received** by July 31, 2011 and **\$20 the day of the race.** No refunds. Entry fee includes custom designed T-shirt, participant pack, snacks and drinks.
- ✓ Age Groups: 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+.

### Awards

- ✓ Top female and male competitors
- ✓ 1<sup>st</sup> and 2<sup>nd</sup> place in each age group.

### Exciting Raffle Prizes

- ✓ Ticket price-\$2 per ticket or 6 tickets for \$10.
- ✓ Sports packages, entertainment packages, and many more.

Birth Date:  10K run or 5K run/walk (circle one)  
Gender: **Female or Male** (circle one) T-shirt sizes: **S M or L or XL** (circle one)

Name: \_\_\_\_\_

Team or Club Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Please make check payable to:**

Entry Fee: \_\_\_\_\_

Hermes Sports & Events

1624 St. Clair Avenue

Cleveland, OH 44114

Additional Contribution: \_\_\_\_\_

For more information or to

**Total Enclosed:** \_\_\_\_\_

register for other events please call: **216-651-1450**

Or visit our web site: **www.womensctr.org**

**www.hermescleveland.com**

#### RELEASE AND WAIVER OF RIGHT TO SUE:

In consideration for the acceptance of my application to participate in run,jane,run, I do hereby fully and forever waive, release and discharge, for myself, my estate, heirs executor assigns, the city of Cleveland, the Women's Center of Greater Cleveland, Hermes Sports & Events or any of their respective trustees, officers, administrators, employees, agents or volunteers, or any other person, or entities involved in the organization, planning, supervision, or any other aspect of the 10K run, 5K run/walk or related activities, including the use of the facilities or property of any such persons or entities, from any and all losses, damages, or claims whatsoever, including any and all personal injuries or damages, arising directly or indirectly from my participation in the 10K run, 5K run/walk or 5K run/walk related activities, whether said losses, all damages, or claims are caused directly or indirectly, by or related to a known or unknown risk or hazard, and whether they are caused by a negligent act or acts, regardless to the degree of negligence. I warrant that I am physically fit and sufficiently trained to participate in the 10k and 5k run/walk. By signing here I warrant that I have read and understand the contents and meaning of the release and waiver of right to sue and agree to be legally bound by all of its terms and conditions.

x \_\_\_\_\_

Signature of Entrant (must be signed by parent or guardian if under 18 years old)

# run, jane, r u n

Please join us for the 23<sup>rd</sup> annual run,jane,run sports festival on Sunday August 14, 2011 to walk, run, form a fundraising team or simply volunteer. Be a part of the Recovery. Addiction is a progressive disease. According to the Substance Abuse and Mental Health Services Administration (SAMHSA), it is estimated that 6.5 million American women are diagnosed with substance abuse or dependence. Each year, the complications of addiction claim 200,000 women's lives. This figure represents four times the number of women that die from breast cancer. Without treatment, women die.

Each step in the 10k run illustrates the strides to offer outpatient alcohol and other drug treatment for medically indigent women and their families. Through your support of **run,jane,run**, we can strive to achieve our mantra **Treating Addiction...Liberating Lives**. How to be involved:

## **Walk**

Register to walk with us.

## **Run**

Register to run the Race.

10 k and 5 k run timing is available for all who want to have their time officially recorded.

## **Teams**

Register to walk or run by starting a Race Team or joining an existing team.

## **Fundraise**

Take your participation in the Race to the next level. Registration fees get us to the start line, but your fundraising helps to save lives and provide treatment. You'll be surprised how easy it is to start! Fundraise, make a great impact and be rewarded.

## **Volunteer**

Volunteers are an integral part of the **run,jane,run**. **run,jane,run** would not be possible without the help of committed volunteers. Join an amazing group of individuals that dedicate their time, talent and energy to our great cause.